



On May 22,  
2011 our lives  
changed  
forever

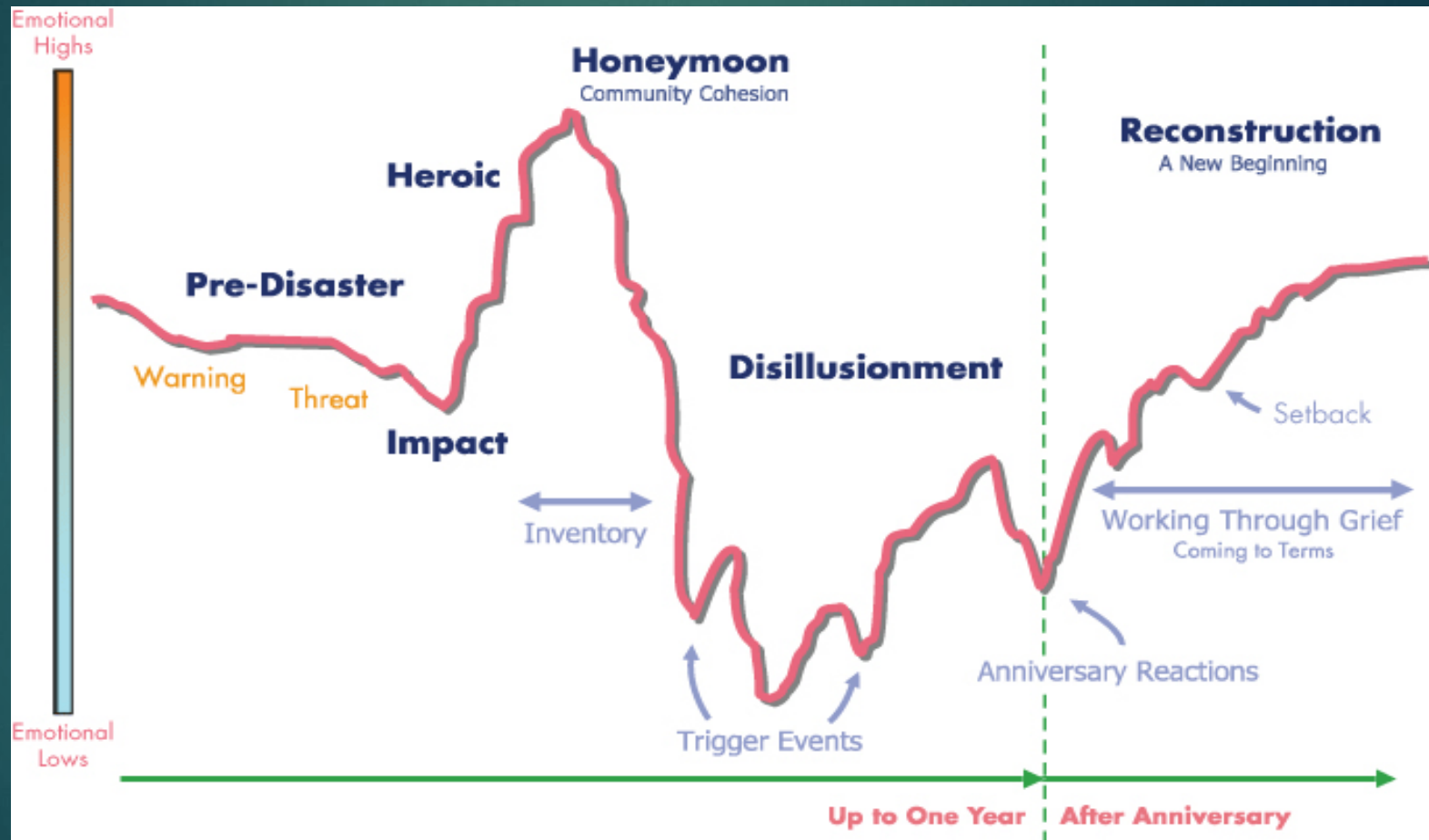
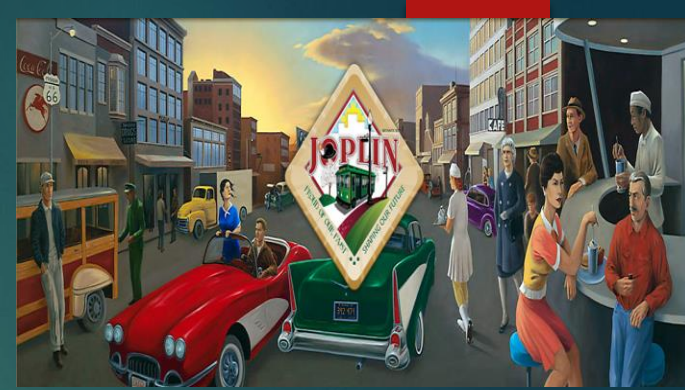
# Healing Joplin

OZARK CENTER'S MENTAL HEALTH DISASTER RESPONSE

VICKY MIESELER, MS, LICENSED PSYCHOLOGIST

VICE PRESIDENT OF CLINICAL SERVICES, OZARK CENTER

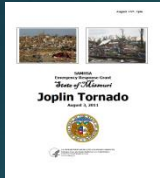
# The Community.....



# Grants Awarded since May 22, 2011



- Missouri Foundation for Health Emergency Grant - \$1,615,000



- SAMHSA Emergency Response Grant (SERG)-\$990,335



- Assertive Community Treatment Team - \$1,000,000



- Governor's award - \$2,000,000



- FEMA ISP, CCP and RSP - \$4,060,000

**→ DON'T LET ONE DISASTER LEAD TO ANOTHER ←**

**DID YOU KNOW?**

If you use a mind altering substance to the point it's affecting your life – at home, work or with others – you may have an alcohol or drug abuse problem.

Ozark Center offers confidential assessments and resources.

**KNOW THE SIGNS. KNOW THE NUMBER.**

**Ozark Center 347-7730**





**→ DON'T LET ONE DISASTER LEAD TO ANOTHER ←**

Every child deserves respect.

No child deserves to be bullied.

For confidential help, call:

**Ozark Center**

**347-7580**





**→ DON'T LET ONE DISASTER LEAD TO ANOTHER ←**

Myth: A little alcohol won't hurt my child.

Fact: Alcohol kills more teens than illegal drugs.

**Preferred Family Healthcare**

**KNOW THE SIGNS. KNOW THE NUMBER.**

**623-1990**






**→ DON'T LET ONE DISASTER LEAD TO ANOTHER ←**

**Domestic partner abuse increases after a disaster. But it is NEVER okay to be abused.**

**KNOW THE SIGNS. KNOW THE NUMBER.**

**Lafayette House 782-1772**





**→ DON'T LET ONE DISASTER LEAD TO ANOTHER ←**





Teens don't talk about dating violence but it's more common than you think.

Don't let your teen suffer in silence.

**Lafayette House**

**KNOW THE SIGNS. KNOW THE NUMBER.**

**782-1772**

[commpartnership.org/disastertoolkit](http://commpartnership.org/disastertoolkit)



# WILL'S PLACE

A healing center for kids



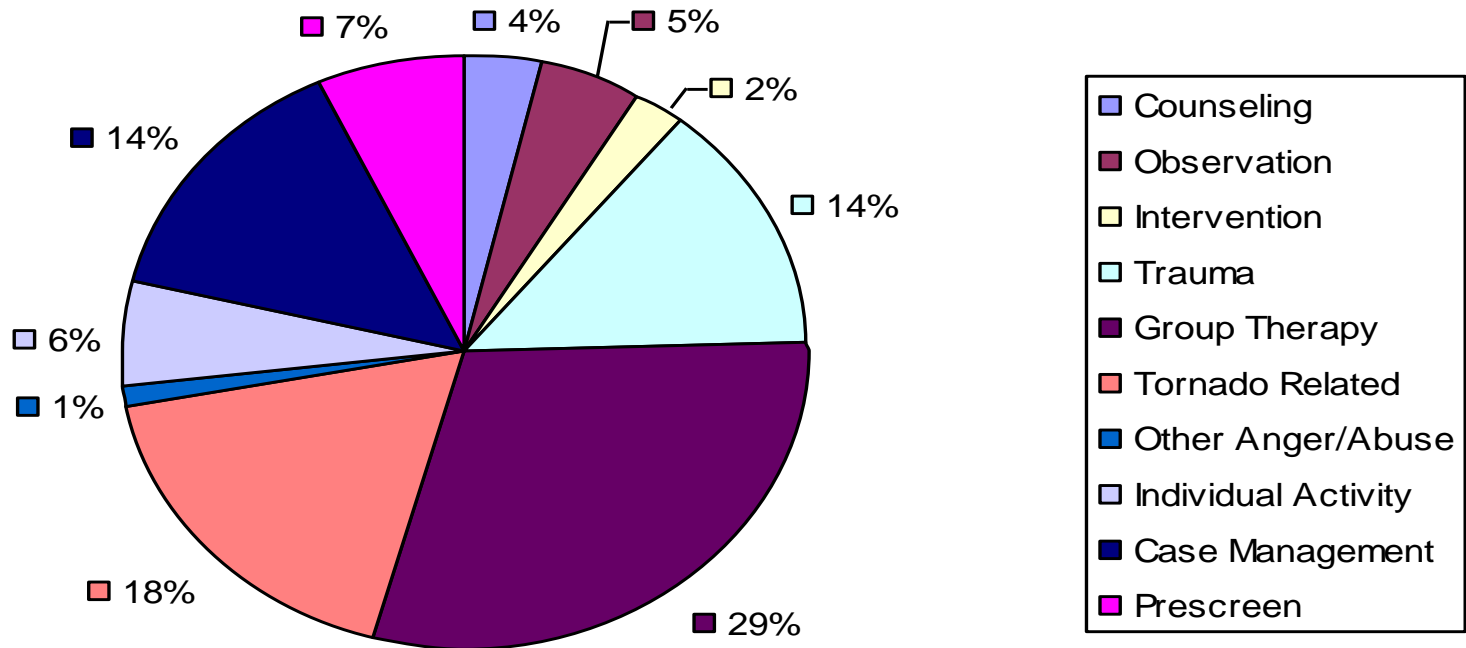
Will's Place is dedicated to the memory of Will Norton and all children who lost their lives during the May 22, 2011, tornado. Will was a nurturing, goal-oriented, passionate individual who enjoyed life. We hope that all children who walk through our doors will leave with the same skills and characteristics that Will demonstrated in his daily life.

Will's Place was made possible through the support of Governor Jay Nixon and the collaborative efforts between Ozark Center and the following organizations.



# School Based Services

SCHOOL BASED STATISTICS  
Percentage of Participants by Category  
Cumulative Through January 31, 2012





# WEATHER SCHOOL

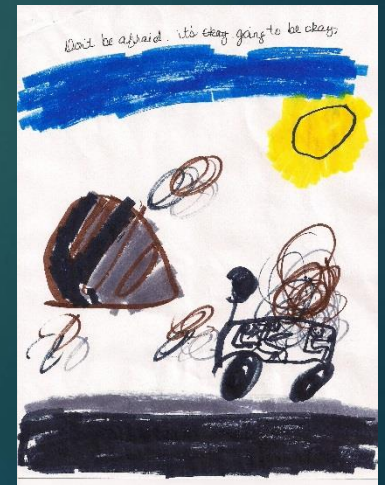
*Presented by*

**Gary Bandy, Chief Meteorologist**

*In conjunction with*

Will's Place, A Healing Center for Kids

*Joplin, Missouri*





**Crisis Counseling and Resource Assistance**  
**417.347.7070 or 800.247.0661**





# Role of Psychological First Aid



- ▶ Provides compassionate support and presence
- ▶ Allows individuals to tell their story while normalizing their feelings and experience
- ▶ Assists in educating and clarifying what happened
- ▶ Assists with reframing the disaster
- ▶ Educates about what to expect
- ▶ Assists with reconnecting
- ▶ Encourages connection with available resources
- ▶ Assists with problem solving and plan of action
- ▶ Assists with developing preparedness plan

# Skills for Psychological Recovery



- **Used after PFA in the recovery weeks and months following any disaster or trauma**
- **SPR is a skills-training intervention designed to accelerate recovery and increase self-efficacy**
- **SPR's core skills include:**
  - **building problem-solving skills**
  - **promoting healthy activities**
  - **managing reactions**
  - **promoting helpful thinking**

# Tree of Life Project



# Data – Healing Joplin CCP team

6,634

225,898

21,709

175,596

195,028

21,004

33,392

42,443

7,461

24,519

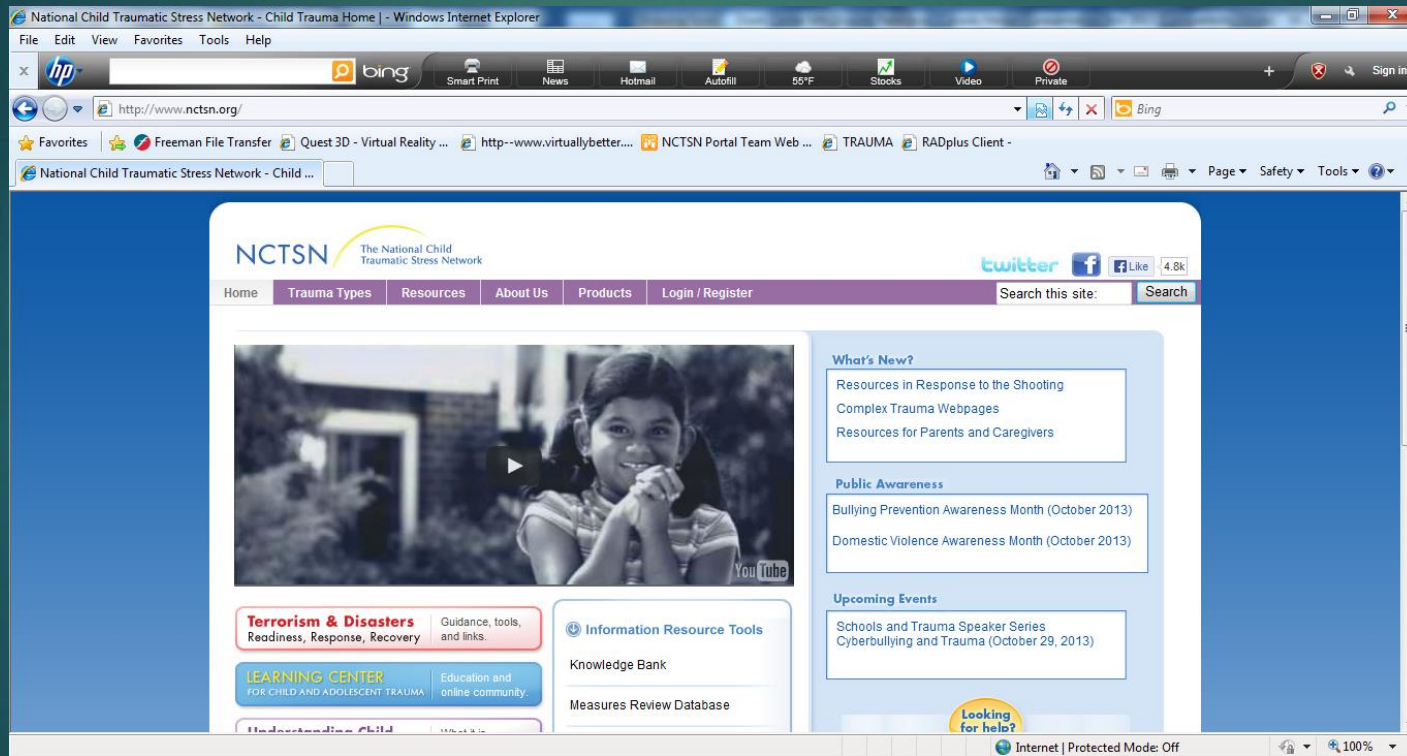
49,261

# Year 2-3 Post Disaster



# National Child Traumatic Stress Network Grant

Copyright Ozark Center 2013. All rights reserved.



**Map Your Neighborhood** is a "9 step" all-hazards program designed to help neighbors prepare for disasters. In a disaster, your neighbors are your most immediate source of help. Traditional 9-1-1 responders may be quickly overwhelmed by demand. Some minor preparation and knowing what to do in the first hour of a disaster response may save a life, reduce the severity of injuries, and reduce the amount of damage that you, your family, and neighbors sustain.



# Map Your Neighborhood

Please join us for a **FREE** 90 minute training presented by Ozark Center's Healing Joplin program. Training is OPEN TO THE GENERAL PUBLIC.

Thursday, September 13<sup>th</sup> at 2:00 PM to 3:30 PM  
Freeman Business Center Conference Room, 3220 McClelland Blvd., Joplin, MO

Thursday, September 13<sup>th</sup> at 4:00 PM to 5:30 PM  
Freeman Business Center Conference Room, 3220 McClelland Blvd., Joplin, MO

Tuesday, September 18<sup>th</sup> at 11:00 AM to 1 PM  
Freeman Business Center Conference Room, 3220 McClelland Blvd., Joplin, MO

For questions or to register for the training, please call  
(417) 347-7070 or (800) 247-0661



## Map Your Neighborhood (MYN)

The major goal of MYN is to prepare neighborhoods to be self-reliant during the first gold hours (72 hours and less) of a disaster

Being prepared to help your family and your neighbors brings peace of mind

Neighbors create a neighborhood map showing all homes in their area, names of residents, locations of exterior gas meters and propane tanks (that cause 67% of all house fires) as well as neighbors who may require a little extra help (elderly, persons with disabilities or small children)



School Messenger, Talk About It: a free, 24 hour communication tool that allows students to confidentially reach out for help using a cell phone or computer.

Offered to 5,000 students in grades 4 through 12 in November 2012. They can reach a school staff member or an Ozark Center counselor at any time, through an anonymous text or online messages.

Though it is anonymous, the school can trace messages that are threatening to the student or others in order to take immediate action.



To learn more, visit [talk.schoolmessenger.com](http://talk.schoolmessenger.com)



# Year 4 Post Disaster



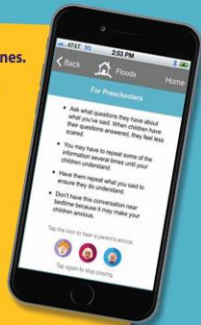


# Using Technology to Reach Our Kids



## IS YOUR FAMILY READY FOR THE NEXT DISASTER?


Act now. Protect your family. Download **HELP KIDS COPE**

**HELP KIDS COPE** by UCLA is **FREE** from iTunes. Available from mobile Apple devices (iPhone, iPad, iPod touch). For iPad users, tap on the **iPad Only** drop-down menu and select **iPhone Only** from the menu to view the app.






Funding for this project was provided by Missouri Foundation for Health, Ozark Center, Substance Abuse and Mental Health Services Administration (SAMHSA) and the US Department of Health and Human Services (HHS). The views, policies and opinions expressed in HELP KIDS COPE are those of the authors and do not necessarily reflect those of Missouri Foundation for Health, Ozark Center, SAMHSA or HHS.

NCTSN The National Child Traumatic Stress Network

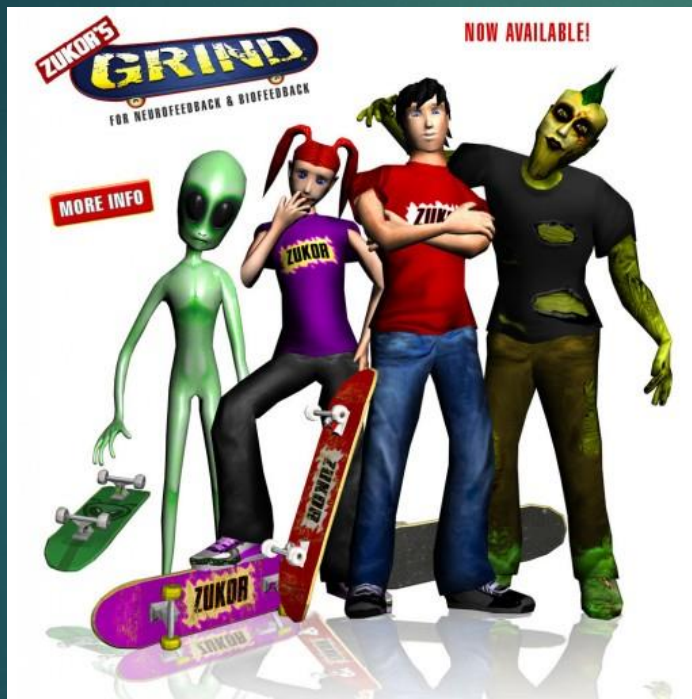


Ozark Center  
Missouri Foundation for Health  
a center for change



Copyright Ozark Center 2013. All rights reserved.

# Biofeedback and Virtual Reality



Copyright Ozark Center 2013. All rights reserved.

# Renewed!



Copyright Ozark Center 2013. All rights reserved.